



**Terry Lacy**, Founder and Director  
**Angela Fileccia**, Director of Education

*"It's about the journey...not the pretzel."*

## Yoga Teacher Training and Advanced Studies Program

### **A** Personal Information:

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Birthdate \_\_\_\_\_ Date of Application \_\_\_\_\_

### **B** Applicant Questionnaire:

Please consider and answer the following questions (attach your answers on a separate sheet(s) of paper to this application form). In evaluating your application we will be considering both the thoroughness of your response and your compatibility with our program.

1. How long have you been practicing and in which traditions or lineages?
2. What teacher(s) have influenced you most? Why?
3. During a typical week, what does your yoga practice consist of?
4. Are you currently teaching? If so, where, for how long and what style of yoga?
5. What is your current career?
6. What is it you would most like to gain from Om Land Yoga's Teacher Training?
7. What are your strengths and weaknesses you would bring to the program?
8. What expectations do you have for the program?
9. Are there any health related conditions you have which we should be made aware of? Do you have any special needs or limitations?
10. Is there anything else you would like to share with us?

### **C** Review and Application Fee:

We will review your application and contact you regarding acceptance. Enrollment is limited.

Please attach your \$300.00 application fee (made out to Om Land Yoga) to reserve your space in the program. This fee will be refunded if you are not accepted to the program. Mail the fee along with your signed and dated waiver of liability to: Om Land Yoga Trainings, 6 State Street, Suite 100, Bangor, ME 04401.